

Jeffco Healthy Schools

Annual Report 2017

What We DO

1. Support implementing wellness in schools
2. Wellness Policy, District & Student Health Advisory Councils (DHAC & SHAC)
3. Professional Learning around school wellness
4. Collaborate with community partners to support schools, including funding for schools

The Healthy Schools SYSTEM

Leading the Work in Schools



Policy

Big Policy Change



New nutrition standards are now in place for foods offered to students during the school day, including rewards and celebrations.

Policy Input

Survey Respondents: 1150

Most said offer at least half healthy options for foods given to students

90% of Schools Represented

~600 School staff and parents attend Healthy Schools trainings annually

"The networking and sharing [at the Healthy Schools Trainings] is so valuable to all of us- we love to hear what is working at other schools"

Initiatives & Successes

Active Classroom Design and All School Movement

24 schools funded

Schools funded for All School Movement

Additional minutes of physical activity offered per day **26**

Schools using Active Classroom Design

77% Strongly Agreed/Agreed that students were more engaged in their learning

"Active classroom design increases engagement and attentiveness to task"

Tobacco Programs

Supporting students to quit tobacco, vaping and marijuana with the N-O-T tobacco cessation program

73

6 Schools 73 Students

Mindfulness

Schools implementing mindfulness as a building-wide initiative **10**



4,600+ Students reached

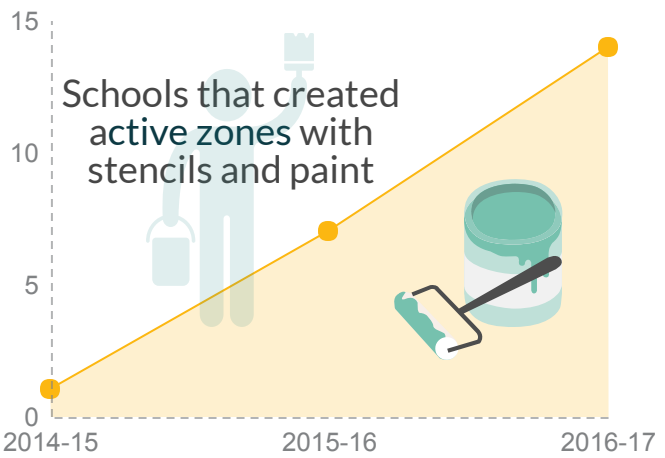
School Gardens

36+ Gardens, community gardens and greenhouses



Active Recess and Spaces

4 trainings to increase activity at recess



Water Filling Stations

18 schools since 2016

"Students have been consuming a lot more water!"

Learn more: www.tinyurl.com/jeffcohealthyschools

