Dabrowski's Overexciteabilities
(Adapted from Piechowski, 2006)

- **Psychomotor**: a surplus of energy that might appear as rapid speech, impulsive actions, nervous habits, or competitiveness

- **Sensual**: sensory and aesthetic pleasure gained through seeing, smelling, tasting, touching, hearing, appreciation of beautiful objects, writing, etc.

- **Intellectual**: learning and problem solving typically displayed through curiosity, concentration, analytical thinking, introspection, and moral thinking

- **Imaginational**: spontaneous imagery that results in a facility for invention and fantasy, poetic and dramatic perception, elaborate dreams, fears of the unknown

- **Emotional**: an intensity of feeling that produces complex emotions, identification with the feelings of others, extremes of emotion, and difficulty adjusting to change