Colorado Respite Coalition

Respite for you = better care for your loved one
The Colorado Respite Coalition (CRC) is an allied network of families and community partners working to strengthen and support family caregivers of individuals with special health care needs. The CRC strives to expand respite services in Colorado for all ages, across the disability spectrum.

TRAINING & EDUCATION
Search training and educational programs on our online database

RESPITE VOUCHERS
Financial resource for family caregivers with limited access to respite

RESPITE LOCATOR
Find local respite providers or register an agency online

COMMUNITY GRANTS
Expand respite programming and services with grant funds

www.coloradorespitecoalition.org | 303-233-1666
WHAT IS RESPITE?

Respite care is a temporary break from the constant demands of caring for an individual of any age with special needs. Respite benefits the entire family unit, strengthens family relations, and improves the quality of care provided.

Relaxation: Provide peace of mind
Enjoyment: Pursue new activities
Stability: Manage stress levels
Preservation: Maintain family unit
Involvement: Engage in community
Time Off: Relief of constant care
Enrichment: Grow personal identity

"Asking for help is a sign of strength."

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